

Raw Chocolate Coated Mandarins



Ingredients

3 mandarins - peeled & segmented (white pith

removed)

1/4 cup coconut oil - melted

2-3 tablespoons cacao - depending on taste

1 tablespoon maple syrup

1/4 teaspoon vanilla essence

Pinch of salt

Optional:

Crushed freeze dried strawberries

Crushed pistachios

Serves 6 - as snacks Prep time - 15 minutes

Recipe Directions

- Once mandarin is segmented and all whites are removed, put mandarins in freezer, this will allow the chocolate to set quickly.
- Stir together coconut oil, cacao, maple syrup, salt and vanilla to make chocolate.
- Dip chilled mandarins in chocolate if the chocolate is thin you can dip it twice once the first layer is set.
- Before chocolate sets, crush your favourite nut or dried fruit over them for extra flavour and texture!

